



MENTAL HEALTH IN MINISTRY

From the elderly to the youth, families, and singles, wealthy and impoverished, our people are facing more mental health concerns than ever. As a minister, what is your role? What should you do? What is helpful? What is harmful? Let Sister Josephine Garrett guide you through these questions and provide answers, frameworks, and tips.



Sr. Josephine Garret, CSFN

Curriculum

- Mental Health in Parish Ministry: Introduction
- The Face of Mental Health in the United States
- A Ministry Framework That Integrates Mental Health
- Understanding and Responding to Crisis
- Self-Stewardship
- Mental Health in Parish Ministry: Conclusion



Check out this fantastic
resource in LEAD!