

Parents are the **first witnesses** of the faith



Witnessing Our Faith Begins at Home

Research tells us parents have incredible influence when it comes to their children choosing to remain engaged in religious practices. Birth to age three is the most precious time in a child's life when the appropriation of ritual and language is strongest. *First Witnesses* seeks to combine the latest research with practical resources and opportunities for parents and congregations to build a culture of faithfulness.

Children who grow up in a warm and loving home filled with daily practices and habits of faith that are fun, meaningful, and binding will come to know and love God within their family.



FIRSTWITNESSES.ORG

Be a **First Witness**



Sign up today for **Holiness at Home**

Each week, we will send you suggestions, resources, and more to help you as you tackle the challenge of being a First Witness in the ways of faith. You can also sign up for text alerts, which will include practical ways to raise faith-filled children.

Sacred Steps - Suggestions for Parents

Discover ways to raise faith-filled children at each developmental stage of growth. These ideas will help children of the Alpha generation learn the language of faith and ritualize what they believe while these processes are naturally being formed.



Creating a Catholic Culture at Home

What does a Catholic home look like? How do we live our faith at home in day-to-day moments? Here we offer practical ideas for how parents and guardians can foster religious identity in children and develop habits that can last a lifetime.



Missionary Milestones

What should my child know and when should he/she know it? Use this guide to determine what your child should generally understand about their Catholic faith at various age levels.



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First Witnesses is an initiative of The Institute for Catholic Formation, Diocese of Bridgeport
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