



THE INSTITUTE FOR  
**CATHOLIC FORMATION**

DIOCESE OF BRIDGEPORT

## COMMUNICATION TOOLS

### Monday Messenger

11 am - every Monday (bi-weekly in the summer).

Sent to all faith formation leaders who have been identified by pastors to the Institute team and includes updates, links, important documents, and a weekly reflection.

### Holiness at Home

10 am – every Tuesday.

Sent to all subscribers who wish to be a part of the First Witnesses Initiative, accompanying parents in the first five years of their child's life. Includes tips for raising faith-filled children, how to build a Catholic culture in the home, and resources for families of all generations.

### What's Next?

10 am – every Wednesday (bi-weekly in the summer).

This is the official email campaign of The Institute for Catholic Formation. Sent to all those who have subscribed since its founding, more than 17,000 receive this weekly email. Includes events, course offerings, resources, family movie night suggestions, short videos with reflections from the field, and more.

### Living Faith After High School

Available any time as printed brochure for parishes or schools to distribute to graduating seniors. Includes practical suggestions for living your faith after leaving home (or living at home as a young adult!)

### Seasonal Resources

Advent and Lent posters. Available each year if pre-ordered (see announcements in Monday Messenger) to all parishes and schools. Packaged in sets of 50 for distribution to families. Always printed in English and Spanish.

### Social Media

The Institute will relaunch its Facebook and Instagram feeds in Fall 2024 with special attention to the First Witnesses initiative.

### The Face of Prayer

Daily texts with invitation to pray, sent on behalf of Bishop Caggiano. Since its launch, more than 40 million prayers have been shared. Text the word *pray* to 55778 to join.

### Catequize

Daily quiz question. Available on the Institute site, at [catequize.com](http://catequize.com) or via the iOS App store (no Android app at this time).